

LIFESTYLE PROGRAM MAY 2026



SIGNED

MAY BE SUBJECT TO CHANGE

		HAPPY MOTHER'S DAY TO ALL OUR BEAUTIFUL MUM'S 10/5/2026  		FRIDAY 1ST 9:15AM POTTER DOWN TO SEE OUR SHEEP, GIVE A CARROT TO THEM 10AM KNITTING/CROCHET CLUB IN NORTH LOUNGE ROOM 12:30PM RECYCLING TO ALEXANDRA 2:30PM COOKING CLASS NORTH DINING WE ARE MAKING FRESH PARMAS/SCHNITZELS, SALADS FOR TEA TONGHT-YUM!!	SAT 2ND/ SUN 3RD GRAB A GREAT BOOK FROM THE LIBRARY IN EAST, WATCH A MOVIE ON NETFLIX/FOXTEL, HAVE A LOVELY GARDEN WALK, CALL SOMEONE FOR A CATCH UP PLAY POOL
MONDAY 4TH 9:15AM SENSORY TIME WITH RESIDENTS 9:30AM MOSAICS IN SOUTH DINING ROOM 2:30PM BINGO IN SOUTH DINING ROOM  FOOTY RESULTS TODAY	TUESDAY 5TH HAIRDRESSING 9:30AM SEWING GROUP IN SOUTH DINING ROOM 1PM EXERCISE WITH WENDY 1:30PM PAMPER PARLOUR WITH KAREN IN THE HAIRDRESSING ROOM 3-4:30 EAST GARDEN BEDS/PODS CLEANED FOR REPLANTING   HAPPY CINCO DE MAYO LIBRARY BAGS COLLECTED TODAY	WEDNESDAY 6TH 9:15AM HIGH CARE TIME WITH RESIDENTS 10AM LADIES OUTING TO THORNTON STORE 1PM EXERCISE WITH WENDY 1:30PM SET UP FOR MOTHERS DAY CRAFT 2PM MOTHERS DAY CRAFT IN SOUTH LOUNGE FOOTY TIPS TAKEN TODAY NEW LIBRARY BAGS DELIVERED TODAY	THURSDAY 7TH 7:30AM BIG BREAKFAST IN THE NORTH DINING ROOM 10AM CARD SHARKS- NORTH DINING 1PM QUOITS IN NORTH LOUNGE 2:30PM EXERCISE GROUP WITH CHRIS IN NORTH LOUNGE	FRIDAY 8TH 9:15AM 1:1 CHATS/ SENSORY TIME 10AM LUCKY BALLS NORTH LOUNGE 10AM GENTLEMENS CLUB WITH NEIL 12PM 1:1 OUTING (1) 2:30PM FRIENDSHIP GROUP TODAY COME ALONG TO THE EAST LOUNGE FOR A GAME OF POOL, COFFEE, HOT CHOCOLATE, GREAT TUNES.BYO 1~2 ALCOHOLIC DRINKS, SNACKS WINE SUPPLIED (1~2 DRINKS)	SAT 9TH/ SUN 10TH GRAB A GREAT BOOK FROM THE LIBRARY IN EAST, WATCH A MOVIE ON NETFLIX/FOXTEL, HAVE A LOVELY GARDEN WALK, CALL SOMEONE FOR A CATCH UP PLAY POOL SUNDAY 10TH HAPPY MOTHER'S DAY TO ALL OUR BEAUTIFUL MUMS, HIGH TEA IN NORTH DINING ROOM WITH PAULA AT 2:30PM
MONDAY 11TH 9:15AM DELIGHTS TROLLEY & DELIGHTS REWARDS 10AM HANGMAN IN NORTH LOUNGE 11AM FR MARIO CHURCH IN EAST 11:45AM 1:1 OUTING (36) 1PM RESIDENTS MEETING IN NORTH LOUNGE ROOM 2:30PM BINGO IN SOUTH DINING ROOM  PTAKEAWAY ORDERS TODAY FOOTY RESULTS TODAY	TUESDAY 12TH 9:15AM MEET AND GREET LETS GO FOR A WALK IN THE GARDEN 10AM PAMPER PARLOUR WITH KAREN 10AM CHAPS & CHEW IN EAST LOUNGE 1PM EXERCISE WITH WENDY HAPPY INTERNATIONAL NURSES DAY JOIN US IN EAST AT 3PM <3 FOR RECOGNITION, A DRINK AND SNACK 	WEDNESDAY 13TH 9:15AM 1: 1 TIME WITH RESIDENTS 10AM PAINTING IN SOUTH DINNG ROOM 12 TAKEAWAY ORDERS DELIVERED 1PM EXERCISE WITH WENDY 1:30PM SET UP - ASSIST RESIDENTS TO ENTERTAINER IN NORTH LOUNGE 2PM DAVID SILVERMAN IN NORTH LOUNGE ROOM FOOTY TIPS TAKEN TODAY	THURSDAY 14TH 7:30AM BIG BREAKFAST IN THE NORTH DINING ROOM 10AM TEN PIN BOWLING IN NORTH LOUNGE 1PM THE FAMOUS BOBBY McGEE THE BORDER COLLIE IS VISITING YOU TODAY 2:30PM EXERCISE GROUP WITH CHRIS IN NORTH LOUNGE	FRIDAY 15TH 9AM ORGANISE ASSIST WITH RESIDENTS FOR TODAY'S OUTING LUNCH OUTING THE DUCK INN MARYSVILLE WITH A BEAUTIFUL SCENIC BUS DRIVE. 11AM DEPART AT FRONT ENTRANCE 3PM BALLOON TENNIS FUN IN NORTH LOUNGE ROOM	SAT 16TH/ SUN 17TH GRAB A GREAT BOOK FROM THE LIBRARY IN EAST, WATCH A MOVIE ON NETFLIX/FOXTEL, HAVE A LOVELY GARDEN WALK, CALL SOMEONE FOR A CATCH UP PLAY POOL
MONDAY 18TH 9:15AM SET UP GARDEN OF EAT'N 10AM LADIES OUTING EILDON SHOPPING COMPLEX/CHECKOUT 7 11:45AM GARDEN OF EAT'N 2PM SET UP FOR BINGO 2:30PM BINGO IN SOUTH DINING ROOM  FOOTY RESULTS TODAY VOLUNTEER WEEK	TUESDAY 19TH HAIRDRESSING 9:30AM SEWING GROUP IN SOUTH DINING ROOM 1PM EXERCISE WITH WENDY 1:30PM PAMPER PARLOUR WITH KAREN   3-4:30PM EAST GARDEN BEDS/PODS CLEANED FOR REPLANTING	WEDNESDAY 20TH 9:15AM HIGH CARE TIME WITH RESIDENTS 10AM MENS MOBILE GROOMING 1PM EXERCISE WITH WENDY 2:30PM PENGUIN BOWLING IN NORTH LOUNGE FOOTY TIPS TAKEN TODAY	THURSDAY 21ST 7:30AM BIG BREAKFAST IN THE NORTH DINING ROOM 10AM CARD SHARKS- NORTH DINING 11:45AM 1:1 OUTING (17) 1:30PM SET UP FOR TOMORROWS LUNCH 2:30PM EXERCISE GROUP WITH CHRIS IN NORTH LOUNGE	FRIDAY 22ND 9AM VEG, FLOWER GARDEN WATERING 10AM GENTLEMENS CLUB WITH NEIL 12PM MAGGIE BEER CHINESE LUNCH 2:30PM HAPPY HOUR IN THE EAST LOUNGE, JOIN US FOR A GAME OF POOL, COLD DRINK (2X STANDARD DRINKS) .	SAT 23RD/ SUN 24TH GRAB A GREAT BOOK FROM THE LIBRARY IN EAST, WATCH A MOVIE ON NETFLIX/FOXTEL, HAVE A LOVELY GARDEN WALK, CALL SOMEONE FOR A CATCH UP PLAY POOL SUNDAY 25TH ACTIVITIES FUN WITH PAULA TODAY ARMCHAIR TRAVEL AND WALKS AND TALKS OUTSIDE.
MONDAY 25TH 9:30AM DELIGHTS TROLLEY AND DELIGHTS REWARDS 11:45AM 1:1 OUTING (3) 2:30PM BINGO IN SOUTH DINING ROOM  FOOTY RESULTS TODAY	TUESDAY 26TH 9:15AM MEET AND GREET 9:30AM RESIN ART IN SOUTH DINING 10AM CHAPS & CHEW IN EAST LOUNGE 1PM EXERCISE WITH WENDY 1:30PM PAMPER PARLOUR WITH KAREN IN THE HAIRDRESSING ROOM  3-4:30PM NEW VEGIES PLANTED TODAY	WEDNESDAY 27TH 9:15AM WALKS IN THE GARDEN 10AM FOOT SPAS WITH KAREN 1PM EXERCISE WITH WENDY 1PM WHITEBOARD GAMES IN NORTH LOUNGE 2:30PM JEOPARDY IN NORTH LOUNGE FOOTY TIPS TAKEN TODAY	THURSDAY 28TH 7:30AM BIG BREAKFAST IN THE NORTH DINING ROOM 9:30AM CROSSWORDS, WORDSEARCH AND SUDOKUS IN NORTH DINING 1PM JEWELLERY MAKING IN SOUTH 2:30PM EXERCISE GROUP WITH CHRIS IN NORTH LOUNGE	FRIDAY 29TH 9AM 1:1 HIGH CARE SENSORY 10AM KNITTING/CROCHET CLUB IN NORTH LOUNGE ROOM 1PM SCRABBLE IN NORTH DINING ROOM 2PM SET UP FOR BIRTHDAY PARTY 3PM RESIDENTS BIRTHDAY PARTY IN NORTH DINING ROOM, JOIN US TO CELEBRATE OUR MAY BIRTHDAYS.	SATURDAY 30TH/ SUN 31ST GRAB A GREAT BOOK FROM THE LIBRARY IN EAST, WATCH A MOVIE ON NETFLIX/FOXTEL, HAVE A LOVELY GARDEN WALK, CALL SOMEONE FOR A CATCH UP PLAY POOL

--	--	--	--	--	--