




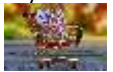












LIFESTYLE PROGRAM.

MONTH: January 2021 SUBJECT TO CHANGE



				FRIDAY 1ST	SAT 2ND	SUN 3RD
				Public Holiday for New Year's Day.	1:1 time with staff Family visits	
MONDAY 4TH	TUESDAY 5TH	WEDNESDAY 6TH	THURSDAY 7TH	FRIDAY 8TH	SAT 9TH	SUN 10TH
Delights Trolley 9.30 10.30 Back to the Wall old photo slide show in East wing Lucky Horseshoe Toss 2pm North Lounge. 	Discussion Group 10.30 North Lounge or Outside in East Wing  Whiteboard Games with Helen 1.30 South Lounge	Man time chats With Charlie 10.am 10.15 Riddles to ponder with Helen in North Wing. Bingo 2pm North Lounge. 	Cash Club. 9.30 1.1 garden walks 11am Frog Throwing 2pm North Lounge. 	10.30 am Small group walks outside, weather permitting Quoits with Jeanne 2.30pm North lounge. 	1:1 time with staff Family visits	
MONDAY 11TH	TUESDAY 12TH	WEDNESDAY 13TH	THURSDAY 14TH	FRIDAY 15TH	SAT 16TH	SUN 17TH
Delights Trolley 9.30  1.1 Quality Care time. Hand Pampering Bingo 2pm North Lounge	Beetle Body Parts Games 10.30 North Lounge.  Hangman 1.30 pm North Lounge	Man time chats With Charlie 10.am Scenic Bus Outings all day, loading times to be advised. 	Cash Club. 9.30 Wheelchair Wanders 11am Square Soccer 2pm North Lounge 	Foot pampering and massages with Jeanne for quality care 2.PM Cooking Club, with Jeanne 2pm North Lounge 	1:1 time with staff Family visits	
ONDAY 18TH	TUESDAY 19TH	WEDNESDAY 20TH	THURSDAY 21ST	FRIDAY 22ND	SAT 23RD	SUN 24TH
Delights Trolley 9.30 1.1 Quality Care time. 1.1 Walks David Silverman, Guitar/Singer 2pm North Lounge. 	Trivia Q&A outside in East garden 10.30 Australia Day Bingo 1.30 North Lounge.	Man time chats With Charlie 10.am Library Book return day, please have your books ready for collection. Standard Newspaper delivery to rooms. Singer Jackie Harwood 2pm North Lounge.	Cash Club, 9.30 1.1 music appreciation 11 am Australian Adventure (floor game) 2pm North Lounge.	Resident Shopping. Australian Day BBQ in East Wing. Staff best dressed judging 1.30 Australian music in area to be advised.	1:1 time with staff Family visits	
MONDAY 25TH	TUESDAY 26TH	WEDNESDAY 27TH	THURSDAY 28TH	FRIDAY 29TH	SAT 30TH	SUN 31ST
Delights Trolley 9.30 Brass Monkey Restaurant 11.30 in the Boardroom Bingo 2pm North Lounge. 	Public Holiday for Australia Day. 	Man time chats With Charlie 10.am Standard Newspaper delivery to rooms. Cinema Afternoon. 1.30pm 	Cash Club, 9.30 1.1 Hand Pampering 11am Lucky Balls 2pm North Lounge. 	Church Service with Conrad & Ruth 10.30 North Lounge  Penguin Bowling with Jeanne 2.pm North lounge.	1:1 time with staff Family visits	