



















LIFESTYLE PROGRAM.

MONTH: May 2021



MONDAY 31 st					Sat 1 st /Sun 2 nd
<p>Newspaper readings & weekend AFL recap 10:30am South Lounge</p>  <p>Exercise group with Christine, 2pm North Lounge.</p>					<p>1:1 time with staff Card Sharks Sunday 2pm in North Dining Pet Therapy</p> 
MONDAY 3 rd	TUESDAY 4 th	WEDNESDAY 5 th	THURSDAY 6 th	FRIDAY 7 th	Sat 8 th /Sun 9 th
<p>Newspaper readings & weekend AFL recap 10:30am South Lounge</p>  <p>Exercise group with Christine, 2pm North Lounge.</p>	<p>Delights Shop; open from 10:30-11:30 Ian Weeks and the OBEs performing this afternoon 2pm North Lounge</p> 	<p>Knitting and nattering with Caz 10am North Lounge. Standard Newspaper (Large Print) Delivery Horseshoe toss 2pm North Lounge</p> 	<p>Cash Club 1:1 time with Caz Bingo 2pm North Lounge</p> 	<p>Church Service in North at 10:30am with Conrad and Ruth.</p> <p>Mothers Day Afternoon tea In North at 2:00pm Everyone is welcome for a cuppa, snack or cake.</p>	<p>1:1 time with staff Card Sharks Sunday 2pm in North Dining Pet Therapy</p> 
MONDAY 10 th	TUESDAY 11 th	WEDNESDAY 12 th	THURSDAY 13 th	FRIDAY 14 th	Sat 15 th /Sun 16 th
<p>Newspaper readings & weekend AFL recap 10:30am South Lounge</p>  <p>Exercise group with Christine, 2pm North Lounge. Individual quality care time.</p>	<p>Delights Shop; open from 10:30-11:30 Family Feud, 2pm North Lounge</p> 	<p>Standard Newspaper (Large Print) Delivery International Nurse's Day, morning tea and Discussion group 10am East Lounge Square Soccer 2pm North Dining room</p>	<p>Cash Club Josie Parson's and Danielle performing 2pm in North Lounge</p> 	<p>Residents Shopping</p> <p>Happy Hour, come along and enjoy some music, a beer or punch and good chats with good people 😊 2:00pm North</p>	<p>1:1 time with staff Card Sharks Sunday 2pm in North Dining Pet Therapy</p> 
MONDAY 17 th	TUESDAY 18 th	WEDNESDAY 19 th	THURSDAY 20 th	FRIDAY 21 st	Sat 22 nd /Sun 23 rd
<p>Newspaper readings & weekend AFL recap 10:30am South Lounge Brass Monkey, 11.30 in the Boardroom. Exercise group with Christine, 2pm North Lounge.</p>	<p>Delights Shop; open from 10:30-11:30 Ian Weeks and the OBEs performing this afternoon 2pm North Lounge</p> 	<p>Standard Newspaper (Large Print) Delivery Bus outing loading time and destination to be advised</p> 	<p>Cash Club Outside walks – weather permitting Bingo 2pm North Lounge</p> 	<p>Church Service in North at 10:30am with Conrad and Ruth. Quoits North lounge room at 2:00pm</p> 	<p>1:1 time with staff Card Sharks Sunday 2pm in North Dining Pet Therapy</p> 
Monday 24 th	TUESDAY 25 th	WEDNESDAY 26 th	THURSDAY 27 th	FRIDAY 28 th	Sat 29 th /Sun 30 th
<p>Newspaper readings & weekend AFL recap 10:30am South Lounge Exercise group with Christine, 2pm North Lounge.</p>	<p>Delights Shop; open from 10:30-11:30 Frog throwing 2pm North Lounge</p> 	<p>Standard Newspaper (Large Print) Delivery Whiteboard puzzles 10:30am South Lounge Balloon Tennis 2pm in North Lounge</p>	<p>Cash Club Australia's Biggest Morning tea 10am East Lounge Lucky Balls, 2pm North Lounge</p> 	<p>1:1 Hand Massages and chats</p> <p>Picasso "still painting" How well can we paint a beautiful Model? 2:00pm in North.</p>	<p>1:1 time with staff Card Sharks Sunday 2pm in North Dining Pet Therapy</p>